

The league's JV tournament will be conducted on **Sunday, 2/11/24**, at **Hillsborough High School**.

All wrestling participants must weigh-in at one of four weigh-in sites – (1) Friday evening, 2/9/24, 6:00 - 7:30 p.m. at Lincoln School, 132 Thomas Street, Cranford (enter in rear of school), (2) Friday evening, 2/9/24, 6:00 - 8:00 p.m. at the Christopher N. Ingrassia Training Center located at 100 Mountain Ave., Warren, (3) Friday evening, 2/9/24, 6:00 - 8:00 p.m. at Herbert Hoover Middle School, 174 Jackson Ave., Edison (enter in rear of school & proceed to gym), or (4) Saturday morning, 2/10/24, 9:00 - 11:00 a.m. at Hillsborough High School, 466 Raider Blvd., Hillsborough.

Doors on Sunday morning will open at 8:00 a.m. and wrestling will begin at 9:00 a.m. A coaches meeting will be held at 8:45 a.m. The JV Tournament will be run as a team tournament and will feature full wrestle backs to 3<sup>rd</sup>/4<sup>th</sup> place. Each wrestler will wrestle at least 2 matches. JV Heavyweights will be grouped together in separate weight classes (light heavyweights, heavyweights, and super heavyweights). Each team may only designate one of their heavyweight wrestlers that will be eligible to earn team points in advance of the tournament.

The seeding meeting for the JV Tournament will be conducted on Wednesday, 2/7/24, 7:00 p.m., at the Knights of Columbus, 495 E. Main St., Somerville. At least one representative from each team that has wrestlers participating in the tournament must attend with season records and match results for each of their JV wrestlers. For the purpose of establishing the heavyweight weight classes, coaches are expected to provide the approximate weights for each of their heavyweight wrestlers at the seeding meeting.

Each participating team in the JV tournament will need to provide 4 table workers to work a mat for several hours during the day on 2/11/24. Shifts will be assigned either at the seeding meeting or during the coaches meeting on the day of the event.

Admission charges for the JV tournament will be as follows: Adult \$7.00, Senior Citizens \$4.00, Students \$3.00, children under 5 Free. Coaches and table workers no longer are given free admission into the tournament.

As an FYI, here's a recap of the league rules as they pertain to the JV tournament:

- (1) All wrestling participants must appear on your team roster.
- (2) With the exception of heavyweight contestants, teams participating in the JV tournament may only enter one contestant per JV weight class.
- (3) Wrestlers who have wrestled in league Varsity matches during the current season are ineligible to participate in the JV tournament if they have achieved 3 or more on-the-mat wins (actual match/exclusive of Forfeit wins). There are no exceptions to this rule.
- (4) 5<sup>th</sup> and 6<sup>th</sup> grade wrestlers who have previously placed in the JV or Varsity tournament are ineligible to participate in the JV tournament. If the wrestler does not make the team's Varsity lineup (i.e. loses a wrestle off), they will retain their JV tournament eligibility. In this circumstance the Varsity wrestler's name must be shared at the JV seeding meeting. There are no exceptions to this rule.
- (5) Wrestlers from teams that participated in this season's JV Flight who were weight certified and have a win-loss record for their JV matches are eligible for seeding. The seeding for all others will be drawn at random and positioned at the bottom of the seed pool. No wrestlers who will be participating in the Varsity tournament may wrestle in the JV tournament. Also please note that no weight certifications will be accepted at the seeding meeting.

(6) Only JV bout results within each team's JV Flight will be used in seeding wrestlers. For 2023-2024, the number of team meets in each of the two JV Flights was 7.

(7) Seeding criteria: [1] most wins, [2] common opponents, [3] drawing (pull from the hat). Once a wrestler is seeded via criteria, the seeding process is repeated among those wrestlers not seeded until all wrestlers have been seeded. There are no challenges for any seed.

(8) All wrestle backs will be 1-1-1.

(9) Team score consisting of placement points, advancement points, and bonus points will be kept and a trophy shall be awarded to the team champion. Individual awards (medals) shall be presented to the top 4 place finishers in each weight class and an outstanding wrestler award shall be presented to one wrestler selected by a vote of coaches.

#### CONTACTS:

Tournament Director – Mike Kester, Mobile: 908.642.0355, Email: [kester29@gmail.com](mailto:kester29@gmail.com).

Please feel free to give Mike a call should you have questions regarding this information. Hillsborough, our host for the league's JV tournament, is looking forward to conducting a great day of wrestling for the teams in our league.

Wayne Hampton, League Executive Director  
Mobile: 732.801.5148

The league's Varsity tournament will be conducted on **Sunday, 2/18/24**, at **David Brearley High School** in Kenilworth.

All wrestling participants must weigh-in at one of five weigh-in sites – (1) Friday evening, 2/16/24, 6:00 - 7:30 p.m. at Lincoln School, 132 Thomas Street, Cranford (enter in rear of school), (2) Friday evening, 2/16/24, 6:00 – 7:30 p.m. at the Christopher N. Ingrassia Training Center located at 100 Mountain Ave., Warren, (3) Friday evening, 2/16/24, 6:00 - 8:00 p.m. at the South Plainfield Recreation Center located at 1250 Maple Ave, South Plainfield, (4) Friday evening, 2/16/24, 6:00 – 8:00 p.m. at Hillsborough High School, 466 Raider Blvd., Hillsborough, or (5) Saturday morning, 2/17/24, 8:00 - 10:00 a.m. at David Brearley High School.

Doors on Sunday morning will open at 8:00 a.m. and wrestling will begin at 9:00 a.m. A coaches meeting will be held at 8:45 a.m. The Varsity tournament will be run as a team tournament, and with the exception of the feathered heavyweight weight classes, will be feature full wrestle backs to 5th/6th place. Heavyweights will wrestle back to 3rd/4th place. Heavyweights will be grouped together in separate weight classes (light heavyweights, heavyweights, and super heavyweights), and each team may up to 2 heavyweight contestants, however must only designate one of their heavyweight wrestlers that will be eligible to earn team points in advance of the tournament.

The seeding meeting for the Varsity tournament will be conducted on Thursday, 2/15/24, 7:00 p.m., at the Knights of Columbus, 495 E. Main St., Somerville. At least one representative from each participating team must attend and have with them season records and results for each of their varsity wrestlers. For the purpose of establishing the heavyweight weight classes, coaches are expected to provide the approximate weights for each of their heavyweight wrestlers at the seeding meeting.

No table workers from participating teams are needed for the day as wrestlers from Brearley's high school team have been recruited to work the tables.

Admission charges for the Varsity tournament will be as follows: Adult \$7.00, Senior Citizens \$4.00, Students \$3.00, children under 5 Free. Coaches no longer are given free admission into the tournament.

As an FYI, here's a recap of the league rules as they pertain to the Varsity tournament:

- (1) All wrestling participants must appear on your team roster.
- (2) All varsity wrestlers must be weight certified; no weight certifications will be accepted at the seeding meeting.
- (3) Wrestlers, other than Heavyweights, must have wrestled a minimum of 1/2 of his team's league-mandated varsity matches in order to wrestle in the varsity tournament. (For 2023-2024, that means that a wrestler would have to had competed in at least 5 of his team's league-mandated varsity matches)
- (4) A varsity wrestler must have weighed-in at his certified weight for at least 1/2 of his team's league-mandated varsity matches in order to compete in that weight class in the varsity tournament. (For 2023-2024, that means that a wrestler would have to had to weigh-in at his certified weight for at least 5 of his team's league-mandated varsity matches in order to compete in that weight class)
- (5) Only a major illness or injury shall be grounds for a potential eligibility exception. All such requests for an eligibility exception shall be documented in writing by a licensed medical professional, discussed at the seeding meeting, and may be granted given two-thirds approval of the SARs in attendance.

(6) At the seeding meeting, a JV-only team may petition the league for one or more of their JV wrestlers to participate in the Varsity tournament. Participation shall be granted given two-thirds approval of the SARs in attendance, Those wrestlers from JV-only teams that have been accepted for participation shall be given the lowest seeds based on pull from the hat. All wrestlers will be seeded.

(7) Only varsity match results will used in seeding wrestlers (11 matches).

(8) Seeding criteria: [1] most wins, [2] head to head, [3] common opponents, [4] returning place finisher (1st, 2nd, 3rd places), [5] most matches wrestled in the weight class being seeded during the dual meet season, [6] drawing (pull from the hat). Once a wrestler is seeded via criteria, the seeding process is repeated among those wrestlers not seeded until all wrestlers have been seeded. There are no challenges for any seed.

(9) All wrestlebacks will be 1-1-1.

(10) Team score consisting of placement points, advancement points, and bonus points will be kept and the league's tournament team champion trophy shall be awarded to the team champion. Individual awards (medals) shall be presented to the top place finishers in each weight class and an outstanding wrestler award shall be presented to one wrestler selected by a vote of coaches.

#### CONTACTS:

Tournament Director – Joe Squillaro, Mobile: 908.451.3010, Email: [joesq71@gmail.com](mailto:joesq71@gmail.com)

Please feel free to give Joe a call should you have questions regarding this information. Kenilworth, our host for the league's Varsity tournament, is looking forward to conducting a great day of wrestling for the teams in our league.

Wayne Hampton, League Executive Director  
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